

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

DE HEART UH BARBADOS SERIES OF RACES 2014						
5K RESULTS BY GENDER rv						
WOMEN						
COURSE RECORD 28:42 Shani Adams 2012						
Position	Bib No	Name		Time	Age	Residence
1	374	Veta	Batson	32:42	65	ST Michael
2	582	Matrid	Griffith	33:01	56	ST Peter
3	599	Marleen	Stewart	33:04	56	ST Thomas
4	365	Andrea	Watson	34:26	42	ST Thomas
5	265	Heather	Sealy	34:29	46	ST George
6	474	Sandra	Murray	35:11	60	Bamsac
7	584	Sheffean	Walcott	35:26	42	ST Michael
8	291	Dawn	Bowen	35:33	39	Dunscombe
9	386	Sally-Ann	Burton-Warner	36:04	47	Christ Church
10	569	Sharon	Daniel-Clement	36:07	45	Welchmanhall
11	315	Donna	Best-Frederick	36:28	50	ST Thomas
12	346	Maiomi	Mofford	36:31	46	Christ Church
13	473	Beverley	Beckles	37:17	57	Bamsac
14	319	Greta	Watson	37:42	49	Chapmans/Carring
15	244	Gloria	Ako-Labi	37:46	70	Freedom Striders
16	249	Anika	Forde	37:48	15	Unattached
17	150	Megan	Beck	38:02	30	
18	227	Marlene	Williams	38:03	58	Freedom Striders
19	486	Kamille	Hope	38:37	29	ST Michael
20	493	Lasonta	Jones	38:50	29	Dunscombe
21	234	Ashante	Smith	38:56	12	Welchmanhall
22	594	Sherry Anne	Bobb	38:59	41	ST Michael
23	576	Deborah M	Boyce	39:08	53	Welchmanhall
24	399	Nola	Murphy	39:17	54	Sturges/Bloomsbury
25	463	Beverley	Walters	39:20	56	Bamsac
26	453	Mary	Browne	39:21	59	Bamsac
27	448	Debbie	Williams	39:33	52	Christ Church
28	470	Kathlyn	Murray	39:38	49	Bamsac
29	531	Corey	Wilson	39:51	24	Dunscombe
30	510	Marva	Lashlet-Todd	40:00	54	ST Michael
31	432	Vera	Nicholls	40:01	59	ST Thomas
32	535	Jalissa	Marshall	40:04	20	Dunscombe
33	545	Viterose	Ellis	40:31	54	Dunscombe
34	471	Angela	Holder	40:32	61	Bamsac
35	385	Donna	Roach	40:33	32	Unattached

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

36	537	Lisa	Clarke	40:35	48	ST Thomas
37	536	Kathy-Ann	Joseph	40:38	44	Dunscombe
38	288	Greta	Forde	40:38	54	Cxc
39	256	Paulette	Broomes	40:51	62	Bamsac
40	384	Kimberley	Benjamin	40:59	27	Christ Church
41	509	Shamarria	Holder	41:03	24	Dunscombe
42	464	Venessa	Granum	41:09	47	Bamsac
43	292	Javonca	Lemon-Bynoe	41:21	17	Sturges/Bloomsbury
44	325	Alison	Archer	41:33	36	Christ Church
45	326	Denella	Howell	41:33	42	ST George
46	279	Dionne	Warner	41:43	26	ST Lucy
47	392	Suzette	Clarke	41:45	47	ST Michael
48	469	Angela	Griffith	41:52	60	Bamsac
49	273	Pauline	Ellis	42:06	65	Welchmanhall
50	340	Cheryl	Deuckett	42:07	44	ST Thomas
51	278	Vicki	Warner	42:08	33	ST Lucy
52	390	Nina	Marshall	42:13	40	ST Michael
53	240	Eurene	Goodridge	42:13	62	Freedom Striders
54	593	Jacqueline	Stewart	42:13	44	Dunscombe
55	243	Wendy	Norville-Rudder	42:13	56	Freedom Striders
56	530	Natasha	Sandiford	42:15	35	Dunscombe
57	366	Wavney	Greaves	42:16	54	ST Thomas
58	311	Deandra	Frederick	42:16	19	ST Thomas
59	351	Susanne	Floden	42:17	36	ST James
60	357	Donna	Pile	42:19	44	ST Michael
61	204	Kenya	Best	42:24	16	ST Thomas
62	277	Tanya	Warner	42:32	35	ST Lucy
63	774	Kathy-Lynn	Ward	42:33	39	ST Thomas
64	267	Grace	Phillips	42:38	99	ST Peter
65	358	Sophia	Chin Fatt	42:41	27	ST Thomas
66	368	Heather	Odle	42:49	59	ST George
67	460	Angela	Miller	42:52	50	Bamsac
68	337	Pauline	Jean-Baptiste	42:54	48	ST James
69	239	Shari	Batson	43:03	26	Freedom Striders
70	342	Ingrid	Lavine	43:15	39	ST Michael

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

71	435	Talisha	Yearwood	43:17	24	ST Thomas
72	428	Sandra	Gilkes	43:19	42	ST Thomas
73	153	Kim	Quimby	43:24	37	ST John
74	412	Karen	Dalrymple	43:25	33	ST Thomas
75	468	Gloria	Crookendale	43:29	66	Bamsac
76	483	Valda	Alleyne	43:30	57	Bamsac
77	317	Khelia	Best	43:47	24	ST George
78	381	Veronica	Forde	43:49	52	ST Michael
79	418	Cheryl	Jones	43:57	45	ST Thomas
80	151	Sophia	Farley	43:58	32	ST Michael
81	293	Dionne	Grimes	44:05	32	Allen View
82	436	Ketra	Britton	44:18	40	ST Peter
83	559	Melissa	Scott	44:19	24	Dunscombe
84	500	Kalayah	Fagan-Ellis	44:19	12	Dunscombe
85	208	Daisy	Browne	44:24	66	Welchmanhall
86	228	Martha	Desrivieres	44:30	50	Freedom Striders
87	287	Brendalee	Cato	44:32	47	Cxc
88	438	Ann	Clarke	44:32	47	ST James
89	442	Vernese	Nicholls	44:32	57	ST Thomas
90	442	Vernese	Nicholls	44:44	57	ST Thomas
91	781	Margaret	Squires	44:51	52	
92	194	Dalecia	Williams	45:06	10	Allen View
93	177	carlotta	Drakes	45:06	66	Hopewell
94	251	Amanda	Headley	45:10	17	Christ Church
95	309	Jewel	Burton	45:12	15	Christ Church
96	339	Carol	Emmanuel	45:13	41	Christ Church
97	248	Sandra	Bonnett	45:31	57	Freedom Striders
98	254	Verna	Walkes	45:38	57	ST Peter
99	788	Jillian	Nichiolls	45:46	99	
100	324	Nicola	Hunte	45:47	40	ST Michael
101	176	Movel	Boyce	45:54	64	Hopewell
102	459	Sheila	Martindale	45:55	75	Bamsac
103	465	Adlyn	Humphrey	45:59	68	ST James
104	307	Ann-Maria	Hunte	46:03	30	Christ Church
105	303	Andrea	Green	46:03	41	Dunscombe

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

106	304	Shakeila	Forde	46:03	24	Dunscombe
107	299	Pat	Carrington	46:08	39	Dunscombe
108	491	Catherine	Cummins	46:09	43	ST Michael
109	257	Denrica	Lovell	46:12	28	ST Michael
110	398	Evadney	Thorne-Jordan	46:15	45	Bryans
111	196	Margo	Murray	46:18	61	Welchmanhall
112	375	T	Armstrong	46:26	37	ST Michael
113	259	Nathalie	Hinkson	46:30	36	ST Michael
114	410	Alexia	Watson	46:31	33	ST Thomas
115	260	Keisha	Lovell	46:31	31	ST Michael
116	203	Gwendolyn	Lovell	46:31	60	ST Michael
117	492	Lisa	Marshall	46:37	43	ST Joseph
118	316	Francia	Franklyn	46:38	45	ST Michael
119	393	Joyce	Bourne	46:45	52	ST Thomas
120	246	Judith	Haynes	46:46	55	Freedom Striders
121	258	Yvonne	Holder	46:50	28	ST Michael
122	563	Glenda	Whittington-Chandler	46:55	42	Dunscombe
123	230	Destiny	Greenidge	47:00	9	Welchmanhall
124	402	Rasheeda	Blackman	47:04	18	ST Michael
125	444	Alisha	Hunte	47:05	12	ST Thomas
126	236	Maxine	Holloway	47:06	55	Welchmanhall
127	526	Debroh L (Ps)	Boyce	47:07	43	Dunscombe
128	387	Verona	Carrington	47:13	55	Sturges/Bloomsbury
129	221	Diana	Medford	47:38	47	St James
130	462	Sheila	Watson	47:39	73	Bamsac
131	395	Linda	Ward	47:49	66	ST Michael
132	338	Kay	Cutting	48:00	50	Christ Church
133	186	Miriam	Euzzbe	48:07	50	Unattached
134	791	Julia	Crawford	48:08	99	
135	573	Simone	Graham	48:09	39	ST James
136	579	Lynette	Brooks	48:10	38	ST James
137	212	Amril	Gittens	48:13	52	Cxc
138	223	Carol	Morgan-Hill	48:18	44	ST Michael
139	349	Claudette	Bedford	48:19	48	Hopewell
140	217	Valarie	Gikkas	48:22	59	Cxc

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

141	181	Sherma	Jorddan	48:27	61	ST Peter
142	180	Buffy	Gill	48:28	44	ST Michael
143	201	Cindy	Coombes	48:28	18	ST Thomas
144	421	Rosie	Licorish	48:32	47	ST Thomas
145	202	Eucina	Gollop	48:36	75	ST Michael
146	548	Cheryl	Small	48:41	39	Dunscombe
147	215	Sandra	Burnett	48:44	49	Cxc
148	575	Sheila	Craiggwell	48:53	54	ST George
149	347	Sophia	Cave	48:56	49	ST George
150	335	Tameisha	Edwards	49:00	28	ST James
151	427	Christina	Morris	49:15	13	ST Andrew
152	466	Eulene	Crookendale	49:21	46	Bamsac
153	513	Tanecia	Straker	49:24	32	Dunscombe
154	245	Yvonne	Goslin	49:41	55	Freedom Striders
155	305	Rachel	Howell	49:46	54	Welchmanhall
156	341	Angelina	Boxhill	49:47	47	ST Michael
157	408	Kallisha	Martindale	49:53	9	Dunscombe
158	529	Joyann	Grecia Ellis	49:54	43	Dunscombe
159	241	Myrle	Downes	50:05	78	Freedom Striders
160	334	Celia	Walcott	50:12	39	ST Philip
161	336	Donna	Nicholls	50:17	35	ST George
162	422	Donna	Hunte	50:22	36	ST Thomas
163	301	Simone	Leacock	50:24	39	Dunscombe
164	195	Andrea	Cummins	50:38	37	ST Thomas
165	261	Myrna	Sealy-ahinkson	51:22	48	Unattached
166	416	Alicia	Graham	51:24	34	ST Thomas
167	528	Keishadon	Small	51:45	37	Dunscombe
168	255	Rachel	Inniss	51:57	37	Welchmanhall
169	478	Annette	Miller	52:04	34	ST James
170	546	Janice	Griffith	52:08	50	Dunscombe
171	162	Denesha	Francis	52:18	12	
172	159	La Che	Williams	52:23	8	
173	182	Nadia	Hackett	52:23	99	ST James
174	553	Psychi	Ellis Francis	52:26	35	Dunscombe
175	512	Cassandra	Springer	52:26	42	Dunscombe

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

176	514	Shomara	Jones	52:36	73	ST Thomas
177	253	Harriet	Waterman	52:43	66	Christ Church
178	550	Waveney	Whittington	52:45	41	
179	362	Pat	Bowen	53:15	43	ST Thomas
180	401	Cheryl	Price-Lynch	53:15	43	ST Thomas
181	549	Fabia	Greaves	53:25	29	Dunscombe
182	532	Annette	Holder	53:56	42	Dunscombe
183	540	Heather	Wilson	54:01	50	Dunscombe
184	508	Sharece	Holder	54:04	22	Dunscombe
185	511	Destiny	Watson	54:05	9	Dunscombe
186	284	Yvette	Niles Ward	54:14	47	Chapmans/Carring
187	285	Kait Lyn	Ward	54:16	33	Chapmans/Carring
188	197	Keren	Hall	54:34	35	ST James
189	152	Haritette	Selman	54:50	53	ST Michael
190	480	Lorna	Reviera	55:00	76	Bamsac
191	481	Carmen	Worrell	55:00	80	Bamsac
192	353	Kathy	Jordan	55:09	48	ST James
193	354	Sharon	Grannum	55:10	50	ST Thomas
194	552	Monique	Leacock	56:00	10	Dunscombe
195	560	Erica	Straker	56:33	32	Dunscombe
196	413	Shannen	Wilson	56:37	26	ST Thomas
197	518	Donna	King Brathwaite	57:14	47	ST James
198	310	Wilma	Best	57:49	68	ST George
199	534	Renisha	Wilson	57:51	14	Dunscombe
200	438	Ann	Clarke	58:06	45	ST James
201	501	Sabrina	Carter	58:18	32	Dunscombe
202	232	Michelle	Smith	59:30	46	Welchmanhall
203	507	Tanya	Clarke	1:01:17	26	Dunscombe
204	551	Anique	Leacock	1:01:28	11	Dunscombe
205	571	Rashay	Clement	1:01:37	14	Welchmanhall
206	554	Sharon	Hinds	1:02:16	41	Dunscombe
207	209	Lasonta	Alleyne	1:03:31	34	Chapmans/Carring
208	348	Ayesha	Beford	1:03:48	12	Hopewell
209	282	Sonja	Smith	1:04:06	62	Chapmans/Carring
210	281	Marcia	Smith	1:07:40	59	Chapmans/Carring
211	361	Joan	Bourne	1:07:48	56	ST Michael
212	328	Rotchell	Gibbons	1:09:56	29	ST George
213	330	Kendene	Murrell	1:09:56	32	ST Thomas
214	382	Pauline	Benjamin	1:11:39	59	Christ Church

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

DE HEART UH BARBADOS SERIES OF RACES 2014						
5K MEN RESULTS <i>rv</i>						
Course Record 25:42 Brian Adams 2004						
Position	Bib No	Name		Time	Age	Residence
1	592	Rodney	Blackman	26:37	52	Unattached
2	568	Dudley	Harewood	28:19	49	Christ Church
3	596	Eon	Mitchell	29:32	54	ST Lucy
4	405	Dwight	Taylor	30:02	32	Welchmanhall
5	595	Larry	Maynard	30:14	57	Unattached
6	793	Joseph	Williams	30:50	50	ST Michael
7	581	Earl	Heallis	30:50	58	ST Michael
8	333	Mario	Alleyne	31:08	19	Allen View
9	597	Don	Gittens	31:15	66	Christ Church
10	190	Terry	Applewhite	31:39	32	ST Thomas
11	397	Luke	Hinkson	31:42	13	Bryans
12	394	Shaquan	Sealy	31:49	14	Sturges/Bloomsbury
13	451	Omowale	Stewart	31:56	64	Bamsac
14	320	Anderson	Hinds	33:22	51	ST Michael
15	762	Alex	Hope	33:26	30	
16	226	Chester	Foster	33:42	62	ST Michael
17	237	Ronaldo	Sargeant	33:49	50	ST Thomas
18	570	Romanus	Clement	33:52	38	Welchmanhall
19	400	Ronald	Alleyne	34:04	53	Chapmans/Carring
20	452	Edward	Benjamin	34:22	54	Bamsac
21	457	Cameron	Cumberbatch	34:44	58	Bamsac
22	206	Louis	Boxill	34:45	45	ST Thomas
23	314	Kristin	Vanterpool	34:56	19	ST Michael
24	376	Paul	Grant	34:59	32	Unattached
25	189	Rommel	Hall	35:11	35	ST James
26	475	Hugh	Fitt	35:14	61	Bamsac
27	476	Javan	Alleyne	35:31	15	Allen View
28	373	Joel	Devonish	35:33	27	ST Michael
29	472	Clyde	Holder	35:36	61	Bamsac
30	263	Sidney	Williams	35:44	46	Christ Church
31	364	Jeffrey	Sealy	35:48	46	Welchmanhall
32	286	Matthew	Ward	35:54	9	Chapmans/Carring
33	275	Keith	Smith	36:06	60	Bryans

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

34	544	Ryan	Hope	36:25	22	ST Thomas
35	796	Tyrell	Giles	36:28	14	Allen View
36	188	Kotane	Mascoll	36:41	36	ST James
37	562	Chemar	Watson	37:10	9	Dunscombe
38	222	Deon	Thompson	37:14	29	ST Thomas
39	179	Micah	Brooks	37:28	12	ST Thomas
40	541	Terry	Lewis	37:29	45	Dunscombe
41	458	Jack	Martindale	37:48	79	Bamsac
42	406	Andrew	Mayers	37:52	48	ST Andrew
43	564	Omarior	Ifill	38:03	9	Dunscombe
44	565	Cristin	Collymore	38:05	7	Dunscombe
45	449	Hezekiah	Phillips	38:20	12	Bamsac
46	425	Jamario	Morris	38:22	15	ST Andrew
47	313	Darrian	Frederick	38:24	14	ST Thomas
48	467	Vernon	Johson	38:30	53	Bamsac
49	327	Rawle	Webb	38:34	40	Allen View
50	454	Roland	Drakes	38:44	62	Bamsac
51	445	Jason	Payne	38:47	29	ST Thomas
52	289	Reginald	Forde	39:02	54	Cxc
53	192	Mark	Cummins	39:04	57	Christ Church
54	522	David	Williams	39:05	52	Dunscombe
55	216	Charles	Mayenga	39:06	56	Cxc
56	577	Otho	Selman	39:25	50	ST George
57	580	David	Hoyte	39:25	54	ST Michael
58	499	Kurwyn	Ryan	39:30	25	ST Thomas
59	383	Anthony	Headley	39:33	43	ST Michael
60	426	Kofi	Gilkes	39:50	14	ST Thomas
61	485	Jaydon	Haynes	40:23	11	Chapmans/Carring
62	487	Michael	Small	40:39	54	Christ Church
63	424	Kymani	Gilkes	40:46	10	ST Thomas
64	450	Anthony	Phillips	41:11	53	Bamsac
65	482	Edward	Bushell	41:13	74	Bamsac
66	379	Dexter	Norville	41:31	24	ST Lucy
67	224	Clifton	Griffith	41:32	60	ST Michael
68	379	Dexter	Norville	41:33	24	St Lucy

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

69	296	Kiswawn	Lemon	41:43	11	Sturges/Bloomsbury
70	561	Omar	Ifill	42:07	31	Dunscombe
71	769	Dionne	Thompson	42:10	29	Unattached
72	498	Winter	Pilgrim	42:10	48	Dunscombe
73	205	Paco	Moss	42:26	99	Sturges/Bloomsbury
74	380	Andrew	Deane	43:14	50	ST Lucy
75	312	Delano	Frederick	43:41	17	ST Thomas
76	417	Wendell	Kellman	44:02	48	ST Thomas
77	377	Franklyn	Hoyte	44:02	60	Bamsac
78	484	Hamilton	Hinds	44:07	60	Chapmans/Carring
79	193	Wayne	Williams	44:24	55	Allen View
80	235	Dominic	Holloway-Yearwood	44:32	11	Welchmanhall
81	233	Darrio	Smith	44:32	19	Welchmanhall
82	447	Ashton	Thomas	44:32	13	ST Thomas
83	423	Jevon	Hunte	44:33	16	ST Thomas
84	163	Xavier	Sealy	44:35	7	
85	158	Neil	Forde	44:47	27	Christ Church
86	764	Andrew	Maynard	45:01		
87	795	Clive	Augustin	45:06	45	ST Thomas
88	169	Donte	Burke	45:07	8	
89	199	Teron	Murray	45:10	11	Sturges/Bloomsbury
90	504	Jadiir	Ellis	45:23	11	Dunscombe
91	543	Shemar	Watson	45:37	24	Dunscombe
92	185	Dainian	Quarless	45:39	29	ST Michael
93	274	Bernard	Ellis	46:23	71	Welchmanhall
94	488	Philip	Pile	46:28	34	ST George
95	600	Deigo	Wilkenson	46:46	23	ST Michael
96	558	Dujuan	Clarke	46:54	13	Dunscombe
97	389	Peter	Williams	47:20	52	Christ Church
98	238	Geoffrey	Burrowes	47:36	58	Freedom Striders
99	290	Kervett	Belgrave	48:13	36	Dunscombe
100	585	Samuel	King	49:52	49	Hopewell
101	266	Ezra	Devonish	51:01	50	Christ Church
102	527	Alpheus	Alleyne	52:04	46	Dunscombe
103	160	Tshane	Jones	52:23	11	

**DE HEART UH BARBADOS 2014
5K RESULTS BY GENDER**

104	184	Anthony	Inniss	52:23	99	ST Michael
105	502	Khy	Ellis	53:20	31	Dunscombe
106	331	Kyle	Ellis-Francis	54:11	8	Dunscombe
107	388	Wendell	Christie	55:12	55	ST James
108	503	Akeil	Ellis Holder	57:50	15	Dunscombe
109	523	Ashley	Wilson	57:50	19	Dunscombe
110	782	Kewshawn	Bartlett	1:00:01	13	
111	280	Juneil	Thorne	1:00:01	99	Chapmans/Carring
112	555	Theilco	Hinds	1:01:13	16	Dunscombe
113	572	Shem	Clement	1:01:19	10	Welchmanhall
114	262	Kevin	Boyce	1:01:35	21	Welchmanhall
115	502	Khy	Ellis	1:08:50	46	Dunscombe